



Ontario Health

Mental Health and Addictions
Centre of Excellence

| | |
|-------------------------------------|--|
| ROLE TITLE: | Clinical Lead, Indigenous, Depression & Anxiety-Related Disorders |
| REPORTS TO: | Vice President, Clinical, Mental Health and Addictions Centre of Excellence |
| LOCATION: | Toronto offices (currently virtual) |
| ANTICIPATED TIME COMMITMENT: | Up to 2 days/week |
| TERM: | 2 years |
| No. of OPPORTUNITIES: | 1 |
| POSTING DATE: | <i>June 1, 2022</i> |
| CLOSING DATE: | <i>June 30, 2022</i> |

POSITION SUMMARY

Ontario Health is seeking expressions of interest from clinical leaders for the position of Indigenous Clinical Lead for depression and anxiety-related disorders. This is a unique opportunity to provide strategic leadership to the evolution of the Ontario mental health and addictions system.

This is a new position and while it will focus broadly on provincial programs for depression and anxiety-related disorders, the initial priority will be the Ontario Structured Psychotherapy (OSP) program. The OSP program is a newly established provincial program offering in person and group cognitive behavioural therapy, as well as a suite of other low-intensity (including virtual) options. The program is designed to meet the needs of Ontarians with low to moderate depression and anxiety, obsessive compulsive disorder, and trauma and stressor-related disorders such as PTSD. OSP's mainstream program has recently expanded to a provincial program from a 3-year pilot program. As this mainstream program expands, a priority of the program is to develop a dedicated Indigenous stream that will meet the needs of Indigenous clients.

The Indigenous Clinical Lead role will be essential to the program's success in undertaking a process of co-design in consultation and partnership with Indigenous-led organizations, clinicians and communities to develop this Indigenous stream. This will involve advising the Mental Health and Addictions Centre of Excellence's work in establishing and building productive relationships by embedding and formalizing First Nations, Inuit, Métis, and urban Indigenous (Indigenous) communication and engagement activities to implement, measure, and sustain a successful Indigenous stream for OSP.

The Indigenous Clinical Lead will also support the team of Indigenous clinical consultants and develop structures to support their work to ensure they are able to provide culturally safe, appropriate and effective care for their clients through OSP.

Beyond OSP, the Indigenous Clinical Lead will also support other activities designed to integrate Indigenous approaches into the delivery of services for people with depression and anxiety-related disorders.

This opportunity is open to all qualified candidates.

Interested parties should forward their expression of interest and curriculum vitae, electronically, to Danyal Martin, Danyal.Martin@ontariohealth.ca, no later than **11:59 PM on June 30, 2022**.

Questions about the role may be submitted to Danyal.Martin@ontariohealth.ca no later than **June 13, 2022**. A consolidated list of all questions and answers will be available to any party, by request, by **June 17, 2022**. To receive a copy of the consolidated list of questions and answers, please contact Danyal.Martin@ontariohealth.ca.

ACCOUNTABILITIES

The key responsibilities of this position are:

1. Through Leadership
 - Work closely with the Indigenous leadership team at Ontario Health to align with and contribute to the development of organizational Indigenous strategies and engagement approaches.
 - Provide oversight and advice on how the clinical and programmatic dimensions of the Ontario Structured Psychotherapy Program can meet the needs of Indigenous clients
 - Provide advice and guidance on the development of an Indigenous stream for the Ontario Structured Psychotherapy Program
 - Provide advice and guidance into other opportunities to integrate Indigenous approaches into depression and anxiety-related disorders programs and services
 - Maintain an expert level knowledge of:
 - Evidence-based psychotherapy practices for Indigenous clients and literature
 - Applying a Two-Eyed Seeing framework to health care programs
 - Indigenous community and client mental health experiences and needs
 - Champion adoption of culturally safe policies and practices
2. Engagement with Indigenous clinical consultants and community leaders
 - Work closely with Indigenous clinical consultants across OSP Networks
 - Develop structures to bring together Indigenous clinical consultants as part of OSP
 - Identify regional leadership needs and make recommendations as needed
3. Data collection, measurement, and planning approaches
 - Work closely with other clinical leads and team members on approaches and strategies related to data collection, measurement, and planning for depression and anxiety-related disorders programs and services (with a specific focus on OSP)
 - Work closely with Indigenous leadership at OH to ensure alignment with any organizational processes and strategies related to Indigenous data governance
4. Leadership to Clinical and Training Committees
 - Work closely with OSP Clinical Lead to advise on ensuring mainstream OSP program is culturally safe for Indigenous clients
5. Partnership development and support
 - Advise OSP team and support existing partnerships with Indigenous organizations and develop new ones; apply insights from OSP to other depression and anxiety-related disorders programs and services

- Collaborate with other clinical leaders and internal and external partners to ensure Indigenous priorities and needs are reflected in goals and objectives of a broader mental health and addictions strategy.
6. Communications
- Advise on information tools and products

QUALIFICATIONS

Education and Experience

- Recognized leader in the field of cognitive behavioural therapy
- Practicing clinical therapist
- Strong commitment to improving Indigenous mental health care by engaging and integrating Western clinical practice with Indigenous ways of healing and Indigenous community needs
- Experience working with Indigenous communities and nations
- Experience leading and/or supporting initiatives/projects focused on improving Indigenous health and/or anti-oppression and anti-racism initiatives at a regional or provincial level is an asset.

Knowledge and Skills

- Deep understanding of Indigenous histories, cultures, protocols and challenges
- Knowledge of frameworks of cultural competency, cultural safety, critical race and cultural responsiveness and how they relate to health and social care, specific to Indigenous populations in Ontario.
- Knowledge of Indigenous history and communities in Ontario, Indigenous determinants of health, social determinants of health, and Ontario's Indigenous health and social service policy and direction
- Excellent communicator with mature leadership experience in building strong relationships and building consensus

HOW TO APPLY:

Interested parties should forward their expression of interest and curriculum vitae, electronically, to Danyal Martin, Danyal.Martin@OntarioHealth.ca, no later than **11:59 PM** on **June 30, 2022**.

We will evaluate all applications against the skills and experience requirements for the position. Those candidates selected for interview will be contacted directly by a representative from the Business Unit. Ontario Health may consider applications from incumbents currently in the position. If you have not been contacted within 3 weeks after the close of the posting, you can assume you are not under consideration for this position.

More about Ontario Health:

An agency of the Ministry of Health, Ontario Health is the Ontario government's principal advisor on cancer, chronic kidney disease, and mental health and addictions care, as well as access to care for key health services. It is guided by a mission that together we will improve the performance of our health systems in Ontario by driving quality, accountability, innovation and value.



Ontario Health manages infrastructure, assets and models to improve the province's health systems for cancer chronic kidney disease, and mental health and addictions. It also directs and oversees healthcare funds for hospitals and other care providers, enabling them to deliver high-quality, timely services and improved access to care.

As an operational service agency of the Government of Ontario, Ontario Health is accountable for conducting a fair and transparent process, providing equal treatment to all qualified parties, in selecting a candidate for the above mentioned role.

Our website is at:

<http://www.ontariohealth.ca>